

Career Planning in Tough Times



Do you feel like there should be more to your job and/or are you dissatisfied at work?

We spend more time at work than anywhere else in a lifetime yet, so often we fail to plan our working life; to plan for fulfilment, happiness and 'reward' in our work.

Career planning is essential for satisfaction & motivation in the workplace. If the time is taken to do it well a careful plan will ensure you achieve all your professional goals as well as insulate you from economic uncertainty.

'Times are tough. In tough times, planning your career is even more important.'

Michael Meere

International HR specialist

The Benefits

This program will:

- Assist you to develop achievable career objectives and focus on achieving them
- Give you the skills to conduct a personal audit & clearly identify the training you need to progress your career
- Provide you with the strategies & practical skills required to ensure you get the job you want!

Who should attend?

This course is suitable for all those serious about career planning as well as those seeking new job opportunities and/or uncertain about their current job in the 'uncertain' economic climate.

All participants will have access to the facilitator for up to three months following the course via email or telephone.

What you will cover

- Knowing yourself and what you want
- Planning for career & life goals
- Identifying your career preferences
- Identifying and understanding your career anchors and motivators
- Identifying your current competencies
- Career stage competencies
- Gap analysis between where you are and where you want to be
- Identifying and overcoming your career barriers
- Identifying and overcoming common career stage mistakes
- Developing your career strategy
- 12 Step strategy for success
- Interviewing skills
- Professional resumes that get results
- Practical networking

How it will be delivered

This program is delivered over two modules of three hours each run over two weeks. At the end of the first module participants will be given workplace activities to practice before the next session.